

A TWO DAY COURSE PROVIDING:

- * **Knowledge in First Aid**
- * **Knowledge in the treatment of an injured or unconscious casualty**
- * **Knowledge in the administration of Cardio Pulmonary Resuscitation**
- * **Knowledge in the treatment of DCI**

Aim: The SAA Diver First Aid Course is intended to benefit everyone, especially those with no previous knowledge in First Aid or the treatment of a casualty in an accident situation.

The course culminates with both practical and theoretical tests to ensure that the required standard has been achieved.

Prerequisites:

Current SAA Membership.

Awarded Qualification:

Successful candidates will be issued with the SAA Diver First Aid Qualification Record Book Certificate and Wall Certificate.

DAY ONE

Time: 0900to 1800hrs

Syllabus:

Respiratory system and associated problems

Circulatory system and associated problems

Shock

The skin and associated problems

Resuscitation - Principles and Assessment

Recovery Position and the unconscious casualty

DAY TWO

Time: 0900to1800hrs

Syllabus:

Body temperature and its problems

The skeleton and fractures

Head injuries

Decompression illness (DCI)

Bites and stings

Written and practical examinations

GENERAL

Equipment required by candidate:

Notebook and pen

Equipment provided:

One Mannikin per four candidates
Dressings and First Aid equipment
Oxygen Administration equipment First Aid video

Materials supplied for the course:

SAA Diver First Aid Course Book

Safety requirements:

Qualification of Instructors:

Diver First Aid Instructor

Prerequisites:

Regional Instructor with a relevant First Aid Certificate and Oxygen Administration

Regional Instructor with HSE Diver First Aid

Regional Instructor with PADI Medic First Aid Instructor