

ENTRY CRITERIA

Current SAA Membership
Current Medical or self certificate.
Experienced SAA Club Diver (or equivalent)
Minimum age 18 years (*Depth Restriction applies below this age*)
Authorisation of Club Diving Officer

COURSE DETAILS

Three part course, split into theory, open water and deep lifts practical.

Course content covers:

- DIVE PLANNING
- ACCIDENT AVOIDANCE and INCIDENT MANAGEMENT
- PRACTICAL UNDERWATER & SURFACE RESCUES
- RISK ASSESSMENT

The SAA Diver Rescue Course provides the candidate with the diving skills and underpinning knowledge to improve or refresh their basic diving skills as well as developing their rescue skills. The course, perhaps uniquely, requires pre-attendance preparation and diligent practise between the instruction and assessment components of the course. Tuition and advice are available from Diver Rescue Instructors throughout the course to assist candidates in their preparation.

Module 1. Theory (dry)

Dive Planning
Accident Avoidance
Accident Management
Demonstration of Current CPR Protocol
Risk Assessment
Preparation for rescue components of Deep Lifts Session
A short theoretical knowledge check

Module 2 Open Water Practical (wet)

Rope Throwing
Assessment of towing a conscious diver
Assessment of towing an unconscious diver
Accident Management Scenario
Self-Rescue component

Module 3. Deep Lifts Rescue Practical (wet)

Risk Assessment
Dive Planning
Assessed Management of simulated underwater incident.

A fully detailed Candidate Course Overview pack is available from your Regional Diver Rescue Co-ordinator

Costs

Varies from Region to Region, it is a three part course with one to one Instructor to candidate ratio.

OUTCOME

Successful candidates may move forward to train for Dive Supervisor and Regional Instructor.
Diver Rescue is a mandatory qualification for Dive Supervisor & Regional Instructor.